

Programs

The following programs are in progress or being offered on a regularly scheduled basis from CARD-Jacksonville. Most clinics and trainings are held at the UF-Pediatric Center located at 6271 St. Augustine Rd. Jax, FL, 32217. For more information about these programs please contact the staff member coordinating the program.

Social Skills Programs

Aspergers Social Skills Camp (Team 1): A detective themed camp designed for children ages 10-12 years old that have been diagnosed with Aspergers Syndrome. During this 10 week camp they will work hand in hand with CARD staff members to address the social concerns that face this population, such as, bullying, engaging in a conversation, managing anger and making friends. Parents are also asked to participate in the parental teaching component which will provide strategies that may be helpful in the home. Please contact [Angela Mann](#) for additional information.

Aspergers Social Skills Camp (Team 2): A detective themed camp designed for children ages 6-9 years old that have been diagnosed with Aspergers Syndrome. During this 10 week camp they will work hand in hand with CARD staff members to address the social concerns that face this population, such as, bullying, engaging in a conversation, managing anger and making friends. Parents are also asked to participate in the parental teaching component which will provide strategies that may be helpful in the home. Please contact [Angela Mann](#) for additional information.

More than Words: A Social Skills and Play Clinic for Young Children with Autism Spectrum Disorder : This weekly clinic will address the core deficit areas of communication and social skills behavior, in verbal children with ASD ages 3-5years old. This clinic will utilize the principals and strategies laid out in the More than Words curriculum and will allow families members to gain hands on experience with activities to increase their child's motivation and interact with those around them. Please contact [Elise Bowers](#) for additional information.

More than Words: A Social Skills and Play Clinic for Early Learners with Autism Spectrum Disorder: This weekly clinic will address the core deficit areas of communication and social skills behavior, in nonverbal or emergent language children with ASD ages 3-5years old. This clinic will utilize the principals and strategies laid out in the More than Words curriculum and will allow families members to gain hands on experience with activities to increase their child's motivation and interact with those around them. Please contact [Elise Bowers](#) for additional information.

Asperger Social Skills Group: This 1 hour and 30 minute, social skills group is led by Dr. Maria Tapia, Licensed Clinical Psychologist and assists adolescents diagnosed with Aspergers Syndrome. During this time, problem solving techniques and real world scenarios are practiced to assist this population with troubleshooting topics that are of concern to them. This group meets at 3:30pm on the 1st Monday of every month. The siblings of participants also meet for a Sibling Shop, which is lead by Dr. Tapia, and parent, where they share topics or concerns they have as the sibling of an individual with Autism Spectrum Disorder, while playing an enjoyable game, activity or making a craft. For more information please contact [Dr. Maria Tapia](#).

*Individuals are also able to make an appointment for a 1 hour private session counseling session with Dr. Tapia.

Social Skills Training for Students with Aspergers and High Functioning Autism (HFA) in an Inclusive Setting: This training is designed to provide teachers with a curriculum for social skills training and support of students with Aspergers and HFA. For additional information contact [Katrina Ressa](#).

Parent Support Programs

Positive Parenting: This 3 week clinic will allow parents and caregivers to work directly with a Board Certified Behavior Analyst who can assist with increasing positive interactions between parents and their child, as well as, structuring the home environment so that it is conducive for teaching language and appropriate behaviors in individuals with Autism Spectrum Disorders. Please contact [Carolyn Tully](#) for additional information.

Parent as Behavioral Detective: A Systematic Approach to Understanding Your Child's Behavior One Step at a Time: Functional Analysis of Severe and Challenging Behaviors Clinic: This bi monthly clinic will be held for families of individuals with Autism Spectrum Disorders or Dual Sensory Impairment, who are engaging in severe and challenging behaviors. Parents will be asked to approve to the collection of data and videotaping of them and their children. Interested families should contact [Marlena Fuller](#) for additional information.

Computer based parent training: Teaching parents how to play with their young children: This computer based training will allow parents and caregivers an easy to follow curriculum designed to teach them skills necessary to foster appropriate social skills in young children with Autism Spectrum Disorders. Parents will be asked to approve to the collection of data and videotaping of them and their children. Please contact [Dr. Mae Barker](#) for additional information.

Support Group for Parents of College Students with Autism Spectrum Disorders (ASD): This 4 session group is held on every first Monday of the Quarter and will allow parents an opportunity to meet other parents and share information that has been helpful to their family while raising a young adult with ASD. For more information contact [Anne Wilson](#).

Verbal Language Clinic: This clinic is designed to conduct skill based assessments and train parents in the skills necessary to implement verbal language instruction to their child with Autism Spectrum Disorders. For additional information contact [Katrina Ressa](#).

Recognizing, Deescalating and Improving Problematic Behavior: A Training for Parents and Caregivers, Utilizing the Principles of Nonviolent Crisis Intervention: This 2 day training will assist parents and caregivers of individual with Autism Spectrum Disorders and/or Related Disabilities, with obtaining skills necessary to understand the triggers for and safely address crisis situations. This training will be conducted by Marlena Fuller who is a Board Certified Associate Behavior Analyst, as well as a certified instructor of Nonviolent Crisis Intervention. *Note participants must be able to bend and move fluidly. Please contact [Marlena Fuller](#) for additional information.

Aspergers Syndrome and High Functioning Autism (HFA): Managing Anxiety: This On Demand training is designed to provide parents, caregivers and school personnel with tools helpful in preventing and managing anxiety in school aged individuals with Aspergers Syndrome and HFA. Please contact [Angela Mann](#) for additional information or to request this training in your home, office, or school.

Transitioning Students to Adulthood: This parent, caregiver, and school personnel training is designed to provide an outline of best practices in transition, and strategies to assist with making the transition process a smooth one for all involved. For additional information contact [Anne Wilson](#).

The Parent Manual: Transitioning Students to Adulthood: This manual along with Anne's guidance will provide parents and caregivers with the information necessary to successfully transition their child with Autism Spectrum Disorders from high school to adulthood. A suggested timeline with important dates will be provided to help attendees understand the process. For additional information contact [Anne Wilson](#).

Supporting Students with ASD in Inclusive Settings: This On Demand training is designed to provide parents and caregivers with the tools helpful when preparing their child with ASD for inclusion in the general education setting, including an overview of inclusion, accommodations and IEP goals and strategies to work with the school personnel to help your child. Please contact [Angela Mann](#) for additional information or to request this training in your home.

Adult/Adolescent Programs

Adolescent Support Group: This 1 hour and 30 minute support group is led by Dr. Maria Tapia, Licensed Clinical Psychologist and assists adolescents diagnosed with Aspergers Syndrome. During this time, Dr. Tapia provides problem solving techniques and group exercises to assist this population with troubleshooting topics that are of concern to them. This group meets at 3:30pm on the 2nd Monday of every month. Please contact [Dr. Maria Tapia](#) for additional information. *Individuals are also free to make an appointment for a 1 hour private counseling session with Dr. Tapia.

Adult Support Group: This 1 hour and 30 minute support group is led by Dr. Maria Tapia, Licensed Clinical Psychologist and assists adults diagnosed with Aspergers Syndrome. During this time, problem solving techniques and group exercises to assist this population with troubleshooting topics that are of concern to them. This group meets at 6:30pm on the 2nd Monday of every month. Please contact [Dr. Maria Tapia](#) for additional information. *Individuals are also able to make an appointment for a 1 hour private session counseling session with Dr. Tapia.

Two Feet Forward: This group meets once a month on Tuesdays and is led by Anne Wilson and will provide parents and caregivers of individuals with Autism Spectrum Disorders an overview of transition, self determination and advocacy skills, IEP planning, post secondary options, as well as, helpful job seeking information. Groups will run from 6p-7:30p. Please contact [Anne Wilson](#) for additional information.

Resumes, Applications and Interviews (monthly training): This clinic held the 1st Monday of every month, is for individuals with Aspergers Syndrome, who are in High School and College and need assistance with gaining the skills necessary for job seeking. During these clinics, [Anne Wilson](#) will provide information that will make the job seeking process run more smoothly.

Resumes, Applications and Interview Training: This 8 week clinic is for adults with Aspergers Syndrome, who need assistance with gaining the skills necessary for job seeking. During these clinics, [Anne Wilson](#) will provide information that will make the job seeking process a more enjoyable one!

Support Group for Parents of College Students with Autism Spectrum Disorders (ASD): This 4 session group is held on every first Monday of the Quarter and will allow parents an opportunity to meet other parents and share information that has been helpful to their family while raising a young adult with ASD. For more information contact [Anne Wilson](#).

Asperger Social Skills Group: This 1 hour and 30 minute, social skills group is led by Dr. Maria Tapia, Licensed Clinical Psychologist and assists adolescents diagnosed with Aspergers Syndrome. During this time, problem solving techniques and real world scenarios are practiced to assist this population with troubleshooting topics that are of concern to them. This group meets at 3:30pm on the 1st Monday of every month. Please contact Dr. Maria Tapia for additional information. During this time, the parents of participants meet for a Parent Support group where they share ideas and concerns that are of interest to them. The siblings of participants also meet for a Sibling Shop, which is lead by Dr. Tapia, and parent, where they share topics or concerns they have as the sibling of an individual with Autism Spectrum Disorder, while playing an enjoyable game, activity or making a craft. For more information please contact [Dr. Maria Tapia](#).
*Individuals are also able to make an appointment for a 1 hour private session counseling session with Dr. Tapia.

Aspergers Syndrome: Bully Prevention: (Upon request) This On Demand training is designed to provide parents, caregiver and school personnel with tools helpful in preventing and addressing bullying for school aged individuals diagnosed with Autism and Aspergers. Please contact [Angel a Mann](#) for additional information or to request this training in your home, office or school.

Teacher Support Programs

Social Skills Training for Students with Aspergers and High Functioning Autism (HFA) in an Inclusive Setting: This training is designed to provide teachers with a curriculum for social skills training and support of students with Aspergers and HFA. For additional information contact [Katrina Ressa](#).

ABLLS Training for Teachers of the Self-Contained Setting: This training is designed to instruct teachers of how to administer and evaluate students using the Assessment of Basic Language and Learner Skills (ABLLS). Teaching strategies will also be provided to assist with planning targets and goals for instruction once the ABLLS has been administered. For additional information contact [Katrina Ressa](#).

County Training: Data Collection: This training provides a framework for teachers and paraprofessionals to follow when using data collection throughout the day. Strategies are provided that will assist with making the data collection process user friendly and enjoyable for everyone involved. Dates designated by the Duval County Public Schools for September and October 2008. Teachers and paraprofessionals will leave with data collection tools and resources that can be

implemented in their classroom. For additional information please contact your school's Autism Site Coach or [Dr. Mae Barker](#) of the UF/JAX CARD.

County Training: Social Skills: This training provides an overview of strategies to assist school personnel with teaching appropriate social skills to students with Autism Spectrum Disorders. Teachers and paraprofessionals will leave with tools that can be implemented in their classrooms. Dates designated by the Duval County Public Schools for February and March 2009. For additional information please contact you school's Autism Site Coach or [Dr. Mae Barker](#) of the UF/JAX CARD.

Transitioning Students to Adulthood: This parent, caregiver, and school personnel training is designed to provide an outline of best practices in transition, and strategies to assist with making the transition process a smooth one for all involved. For additional information contact [Anne Wilson](#).

Aspergers Syndrome: Bully Prevention: (Upon request) This On Demand training is designed to provide parents, caregiver and school personnel with tools helpful in preventing and addressing bullying for school aged individuals diagnosed with Autism and Aspergers. Please contact [Angela Mann](#) for additional information or to request this training in your home, office or school.

Supporting Students with ASD in Inclusive Settings: This On Demand training is designed to provide school and administrative personnel with the tools helpful with including students with ASD in the general education setting, including an overview of inclusion, accommodations and IEP goals. Please contact [Angela Mann](#) for additional information or to request this training in your office or school.